

# Media Release

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## Canberran short-films win top National Award



Moving Minds –short films made by people with experience with mental illness won a Silver Award in the Mental Health Services Conference 2011 -Achievement Awards.

Moving Minds, a project by Mental Illness Education ACT (MIEACT) won their award in the Health Promotion and Prevention category. It was given in recognition of the innovative development of a range of short personal films that promote recovery, providing a readily accessible, mental health promotion, digital media resource.

The Award was announced at the Annual Conference held this year in Adelaide, Australia. It was presented to Pam Boyer -EO of MIEACT and Jacqui Joyce -one of the filmmakers by the Hon Mark Butler MP, Minister for Mental Health and Ageing.

The collection of 13 two to three minute short digital films include tales of disordered eating, road-trips to beyond, visits from the green man and the quandary of being sane by choosing to live between the lines of 'normal'. You can view the collection online from MIEACT's website [www.mieact.org.au](http://www.mieact.org.au) .

*"I am honoured to go to Adelaide and receive this award. The whole thing has been really great; offering these stories to the public and putting them on the internet -in a couple of clicks you can be watching and listening to how a person dealt with depression -or homelessness,"* said Jacqui, one of the filmmakers.

The Achievement Awards are presented every year by the Mental Health Services Conference of Australia and New Zealand (TheMHS) to recognise and encourage best practice, excellence and innovation in mental health service delivery. The Awards have been made annually since 1992.

TheMHS Conference is the largest mental health and addiction services conference in Australia, New Zealand and the Pacific. TheMHS aims to promote positive attitudes about mental health and mental illness, and to stimulate debate that challenges the boundaries of knowledge and ideas about mental health care.

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