

History of Mental Illness Education ACT

MIEACT is a respected innovator in the provision of mental health education and training in the ACT. Founded in 1993 by a group of interested people with funding from the Australian Youth Foundation, we grew over the years to become 'MIEACT Inc' in 1998.

Stories Changing Minds

We could summarize our history as the journey from a tiny group of like-minded people to a highly-regarded, successful, professional community organization. Since 1993 our primary aim has been to help young people in schools understand their own mental health and the mental health of their peers. Our work with young people has expanded to include the theatre project [Any Body's Cool](#), an interactive internet project [Media Check](#), and a youth mental health website, www.realitycheck.net.au, an online collection of [Digital Stories](#) and a weekly radio show, [Opening Minds](#)

To read more about the history and development of MIEACT, and the work model that keeps

us sane, look at the [free download](#) 'Stories Changing Minds'. Published in 2007, Stories Changing Minds charts the pathways that we took to remain a consumer and carer focused organisation and can be used as a resource for developing not-for-profit organisations. Stories Changing Minds is available for free [PDF download](#) or [purchase hard copy](#)



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