

MIEACT's Aims, Goals and Vision

Our Vision

The community that makes up MIEACT is motivated by a vision of: **a supportive and socially just community in which the myths, misunderstandings, prejudice, discrimination and stigma surrounding mental illness are eliminated.**

Our Mission

MIEACT has, at the **heart of its programs, a mission to promote a better understanding of mental illness among young people** and targeted sections of the wider community. It does this through education and awareness-raising programs, centred on stories created and/or delivered by people with the lived experience of mental illness.

Our Values

That everyone is valued and treated with respect and compassion

The power of lived experience – **valuing and respecting people with the experience of mental illness and acknowledging the 'expert voice' of personal story**

Openness, innovation and creativity – **pioneering new ways achieving MIEACT's goals and learning from the experience of others**

The potential for transformation and change – **in people, communities and service systems**

Working from an evidence base – **using accurate information and modelling best practice in all MIEACT programs**

Humour and good will – **towards our people and in our ways of working**

Transparency and accountability – **using our resources well and meeting our commitments to funding bodies, and other stakeholders**

Hope – **The MIEACT program supports finding and nurturing hope as a key to recovery. Hope includes not just optimism but belief in oneself and a capacity to persevere through uncertainty and setbacks.**

Contact **MIEACT**

